

Road Rash

Over The Hill Gang
P.O. Box 3606
Lake Havasu City, AZ
86405



Officers 2026

Directors(elected)

President	Rik Jimerson
Vice President	Steve Lomax
Secretary	Mitch Geiger
Treasurer	Lee Stuart
Board Member at Large	Brad Lano

Appointed positions

Club Shirts/Club Store	Kevin MacDonald
KRUZE/Run Chairman	Ron Duenas
Membership Records	Don Schulz
50/50 Money Raising Events	Chip Brooks
Sergeant at Arms	Bob Anderton
COM Photographer	David Judd
Club Historian	John Justus
Past President	Tim McGuire
Newsletter Co-Ordinator and	
Newsletter Editor	Gilman Jelkin
OTHG Webmaster	Donna Ingram

OTHG History by John Justus

In his Prez Sez column Steve Root wrote about the upcoming Run To The Sun show and the Christmas party. Dick Raczuk's tech Tip was about using a rag to catch metal chips when drilling Inside a vehicle. It does not catch all of the chips but it helps with the cleanup. The Car of the Month pick was not made before the Road Rash was published. Eddie Ebach wrote about two street rods owned by members wives. One was a 1932 Ford three window Coupe owned by Linda Schulz and the other was a 1932 Ford Tudor sedan owned by Pat Sauberan. There was a dinner cruise to a restaurant called "A Place To Be".

John Justus Historian

Membership by Don Schulz

48



♥ Linda Quinn shared this memory of her and Steve Root (President 2016) that was taken in front of Dick's garage.



I hope you have all managed during the extreme heat waves we have been having in Havasu. I do not know if it provides relief as I see reports and videos of the Hava Dome cracking and allowing some rain in as well as providing light shows and loud sound ⚡ as well. We have been having a fantastic trip. After leaving the Shields in Puyallup, we headed East. Sandpoint and other excursions led us to Montana and a few great days with Harry and Marcia Clausing. We had a wonderful time walking the rimrock with them and Brodie 🐾. Great views and sights, and time with some of their friends. We also saw some incredible garages and were treated to lunch at The Food Bank. Too much to share here... We continued to the Black Hills, stayed in Deadwood. We just missed Steve Bergo as we headed South to Mt Rushmore 🚗 I will fill everyone in on our Midwest travel, NSRA in Louisville and our Tri Five adventures with Ryck and Shannon Smith later, otherwise, this becomes a novel! We headed West to Branson, MO for a few days.... So much to share, it will have to wait! I sincerely hope ever is doing well 😊 Zella fell recently so you folks make sure Chip is taking good care of her. Mitch and Wilma are weathering trips to the Mayo. My Girl Wilma could use some cheering up. Send her some funny's 😂 or a note. She still has to be isolated as much as possible! 🤒 We miss you all!! We have learned Mexican Train and the basics of cribbage on this trip. We look forward to time sharing!

"Drive a Hot Rod EVERY DAY, and you will live forever"
I believe it, live it. Try it
Safe travels

Rik Jimerson
President OTHG
Cell: (530)713-1265



Sept COM
Paul Katchka
1932 Ford 3
Window Coupe

**Car of
the
Month
David
Judd**

KRUZEN with Ron Duenas

2026 Car Shows and Events

Sept 3rd OTHG Board Meeting Mitch Geiger's Garage 9am

Sept 5th Chuckwalla Drag Strip 25300 Rice Rd (Near Desert Ctr) 7:30pm

Sept 8th OTHG Social Hour Aquatic Center RM #156 6pm-7pm

Sept 8th OTHG General Meeting Aquatic Center RM #156 7pm-8pm

Sept 8th Ladies Lunch Bunch Golden Phoenix 1685 Mesquite #G, LHC 12pm

Sept 19th GV Fire District Classic Car Show 423 Colorado Rd Golden Valley 10am-2pm

Sept 23rd Dinner KRUZE Tavern 95 3453 Maricopa Ave, LHC 4:30pm

Sept 25th-26th Viva Tropicana Car Show 2121 S Casino Dr Laughlin, NV

Sept 26th Wurst Dam Car Show, Bicentennial Park Boulder City, NV 10am-6pm

<http://www.arizonacarshows.com/carshows.htm>

<http://www.cruisinarizona.com/carshows.html>

<https://othg-havasus.com>

UPCOMING SHOWS

SAVE THE DATE 26-27

Oct 1st-3rd Roddin' on the River Laughlin, NV

Oct 2nd-3rd Henderson Hot Rod Days

Oct 12th Another Darn Car Show Kingman

Oct 17th The Gathering LHC

Oct 21st-24th Run to the Sun Annual Car Show LHC

Nov 7th 20th Annual Veterans Car Show LHC

Nov 20th-22nd Goodguys Southwest Nationals Scottsdale, AZ

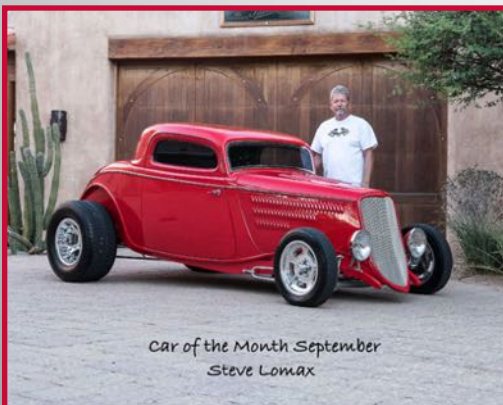
2027

Feb 25th-27th 2nd Annual Havasu Hot Rodz LHC

COM Sept 2016

Steve Lomax
1933 Ford 3-W Highboy

**BE SURE TO REPRESENT THE CLUB AND
WEAR YOUR T-SHIRTS AND BADGES AND
DRIVE YOUR STREET RODS**



Get Togethers

Weekly

Thursday: KRUZEN, McCulloch Blvd 2-6pm

Monthly

1st & 3rd Sunday: Aquatic Center
(parking lot facing the lake) 7am-9am



**NSRA Kentucky
AWARDS::: Long
distance and
Outstanding
vehicle**



**Goodguys Canada
AWARD:: Long
distance**



**Jimerson's new ride ...
on a TOW TRUCK**



Steven Lomax · 1d
She already has put your name in there for the "Toilet Seat"... tell me no... oh yeah you are still the president. Had me worried for a second 🤔



Smith's and Jimeron's meeting up in Bowling Green, KY



Havasus Hot Rodz on behalf of the Pharoahs donated \$1,500 to H.A.V.E.N

Havasus Hot Rodz donated \$1,500 to Hospice of Havasu

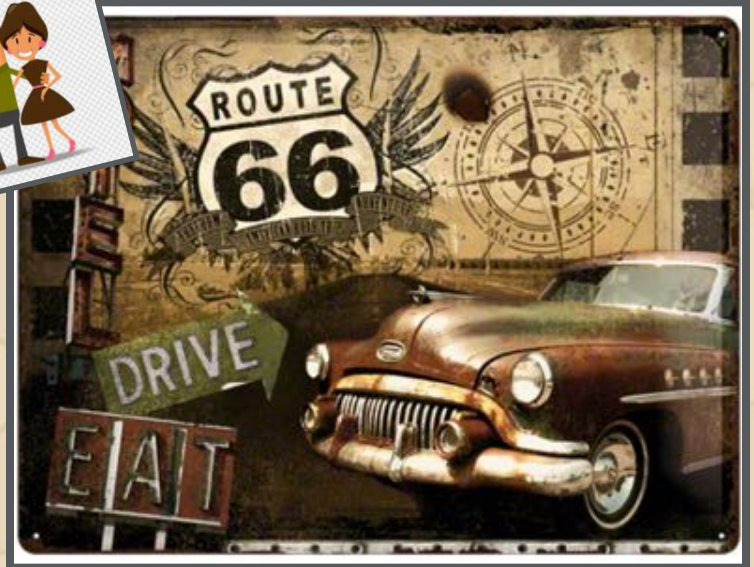


Bryan and Trudie's new truck



Please pray and send good thoughts to Clyde and Maryann as Clyde is having treatments for Multiple Melanoma (cancer in bones and blood) The treatments are working and killing cancer cells. They had a fun day on the lake with some friends. Perfect day for them to be out.

OTHG club event details



Ladies Lunch Bunch

Date: Sept 8th

Location: Golden Phoenix
1658 Mesquite #G, LHC

Time: 12pm

OTHG Dinner KRUZE

Date: Sept 23rd

Location: Tavern 95
3453 Maricopa Ave, LHC

Time: 4:30pm

PLEASE Bring your wives



You can
observe
a lot by
watching.

YOGI BERRA



Photo credit
Chasing Havasu

Rik And Jo's Wild Summer Adventures



Billings, Montana
With some great
friends



Goodguys Puyallap CANADA



NSRA Nationals
Louisville, KY



"Shop Tip" by Dick Raczuk 1/2

Is Microwaving Plastic Really that Bad

It's hard to imagine life without microwaves. From reheating coffee to cooking frozen meals, we use microwaves for many kitchen tasks. While they are undoubtedly one of the most convenient and versatile appliances in the kitchen, there are concerns about the health consequences of using microwaves, specifically when it comes to plastic. As these plastic containers heat up, they can release chemicals into our food. But are the chemicals *that* harmful? Should we not be microwaving *any* plastic? The answer is complicated.



Concerns About Heating Plastic

According to the [National Institute of Health](#), some plastics contain endocrine-disrupting chemicals, most commonly bisphenol A (BPA) and phthalates. These chemicals can leach into food — especially when consistently exposed to heat — and interfere with the body's hormones, leading to various health issues, including high blood pressure, cardiovascular disease, and kidney disorder. The [FDA states](#) that most BPA passes through the body unabsorbed and is therefore safe to use at current levels, but it did ban the use of BPA in baby bottles and sippy cups in 2012 to appease the American Chemicals Council. However, the NIH believes that even low doses of these chemicals can be unsafe. All told, EDCs cannot be avoided entirely, so if you still choose to microwave food in plastic, consider using [BPA- and phthalate-free containers](#) to reduce exposure to these chemicals. Additionally, a recent [study](#) showed that microplastics are also released when plastic is heated in the microwave. These microplastics can damage human cells, cause allergic reactions, and even cell death. For this reason, some consumers are steering clear of heating plastic altogether.



Never Microwave These Plastics

Due to the risk of chemicals leaching into heated food, some plastics should never be microwaved. Cold storage, single-use plastics such as the ones used for dairy (butter and cream cheese tubs, yogurt and cottage cheese containers, etc.) tend to melt and warp in the microwave, causing those harmful chemicals to come in contact with food. The same applies to many to-go containers, especially polystyrene (known as Styrofoam), which can leach styrene when heated, a possible carcinogen. If a container doesn't have a microwave-safe symbol on the bottom (which typically looks like parallel wavy lines or a tiny microwave), it's better to transfer the food to a safer alternative before heating. When in doubt, check the recycling number on the bottom for a hint about its chemical makeup. In general, plastics with recycling numbers 1, 2, 4, and 5 are the safest to use around food and might be okay in the microwave. Numbers 3, 6, and 7 should be avoided — especially in the microwave — because they typically contain phthalates, polystyrene foam (Styrofoam), or BPA.



Microwave-Safe Plastics

According to the USDA, some plastic containers are microwave-safe. Tupperware is a popular long-term food storage container brand that is usually microwave-safe. Many of the brand's products are made from a plastic called polypropylene (PP), which has a higher melting point than most plastics and is the safest to microwave. This type of plastic is usually labeled with a recycling number 5 on the bottom and will also include a microwave-safe symbol. It should also be noted that the FDA has no specific regulations controlling food packaging labeled for microwave use. This means that "microwave safe" can indicate that plastic will not melt or warp in the microwave, but it doesn't always guarantee that harmful chemicals will not transfer into food. "Intended use" is a big part of the FDA's food packaging regulations, so if a plastic container is meant to be microwaved or heated (e.g., a microwaveable frozen dinner), it is more likely to be safe than a plastic yogurt tub that is not explicitly meant to be heated. Keep "intended use" in mind when deciding what plastics to microwave.



The Best Plastic Alternatives

Fortunately, there are plenty of plastic-free alternatives for heating food. Most ceramic and glass containers are microwave-safe, but check their labels just in case. This includes heat-proof glass such as Pyrex and glass-ceramic such as Corning ware. Typically, the only exceptions to this are crystal and some handmade ceramics. Takeout containers and disposable plates made of paper are usually microwave-safe unless they have a plastic coating on them. Remember to check for a microwave-safe label on the bottom.

<https://betterreport.com/can-you-microwave-plastic/?lctg=f60e501a-613b-4b7d-a29d-4ec54d30da60>





OVER THE HILL
gang

2001 2026

25 YEAR CELEBRATION
LAKE HAVASU CITY, ARIZONA

BILL MO'S EMBROIDERY

116 Lake Havasu Ave South Ste. #109
Arizona 86403
Phone: 928 855 0871
Fax: 928 855 3941
careerstyles@SUDDENLINKMAIL.com

Howard's Fabricating
(Howard Mongold) OTHG
Hot Rod Interior Repairs
2663 Rango Place LHC
(928) 680-0933



Havasus

Hot Rods

Asking for a friend....How
do you pay bail with
Monopoly money?? 🤔



Sharpe Cuts

Knife & Scissor
sharpening
(Tim McGuire) OTHG
(612)363-6678

Forward Road Rash to your car friends and invite them to join us at one of our activities